

il postino
8057
ZURIGO
menu
Buon Appetito!
En Guete!

English Menu

il postino

Ristorante & Bar

Dear Guests,
Buonvenuto! Welcome!

Satisfied guests are important to us.
We want your visit with us to become
a pleasurable experience.
Suggestions or criticism we gladly
accept - always trying to give
our Best.

«Buon Appetito! & Enjoy!»
Your Il Postino-Team

P.S.: Comfortable parking space is
available in our yard behind the house.



Minestre

Crema di Pomodoro
Fresh tomato soup
with basil
10.80

Minestrone
Bouillon with vegetables
and Parmigiano
10.80

Zuppa di Pesce
Homemade fish soup
15.80

Zuppa di Giorno
Alternating daily soup,
please ask our staff
9.80

Insalate

Verde o Misto
Small green or
mixed salad
10.80

Grande
Large mixed salad
with egg
24.80

Rucola e Parmigiano
Rocket salad with Parmigiano
11.80 / 25.80

Calabrese
Mixed salad with bacon, olives,
egg and garlic
11.80 / 26.80

Caprese
Tomatoes with mozzarella
and fresh basil
13.80 / 25.80

Il Greco
Greek salad with
feta cheese
11.80 / 24.80

Nocciolino
Lamb's lettuce with egg and garlic
10.80 / 24.80

Antipasti

Antipasto della Casa
Mixed italian appetizer plate
16.80 / 26.80

Antipasto di Mare
Seafood in fine marinade
16.80 / 26.80

Antipasto con Bresaola
Bresaola, rucola, bufala-mozzarella,
pomodorini, parmigiano, olives
18.80 / 27.80

Carpaccio
Marinated raw beef, olive oil,
parmigiano, lemon
16.80 / 26.80

Bruschetta Pomodori
Roasted bread with tomatoes,
garlic, olive oil
7.00

Bruschetta di Tonno
Roasted bread with tuna fish
11.80

Bruschetta alla Toscana
Parma-ham, rucola,
parmigiano, olive oil
11.50

Bruschetta Mista
Selection of mixed bruschette
13.80



Pasta

Spaghetti, Penne, Tagliatelle, Linguine or gluten-free Pasta

Bolognese
Ground beef, onions, tomatoes
19.80

Carbonara
Bacon, cream, egg, parmigiano
21.80

Il Postino
Fillet of beef, garlic, peppers, tomatoes
28.80

Vongole
Clams, white wine, garlic, parsley, olive oil
24.80

Al Salmone
Salmon fillet, lemon, salsa rose
23.80

Funghi e Porcini
Cep mushrooms, white wine, cream
24.80

Mafiosa
Chicken breast, onions, peppers, cream, olive oil, hot peppers
22.80

Al Arrabiata
Spicy tomato sauce, olives, garlic
18.80

Al Melanzane
Eggplant, tomatoes, olives, garlic, parmigiano
21.80

Pescatore
Clams, Mussels, Seafood
28.80

Burro e Salvia
Butter, sage, parmigiano
21.80

Diversi

Tortelloni alla Panna
Cream, parmigiano, parsley
23.80

Ravioli Burro e Salvia
Melted butter, sage, parmigiano
23.80

Gnocchi Gorgonzola
Cream, gorgonzola, parmigiano
22.80

Lasagna Traditionale
Ground beef, tomato sauce, cream, parmigiano
23.80

Risotto Funghi e Porcini
Cep mushrooms, onions, white wine, parmigiano
24.80

Specialita

Insalata Pretoriana
Salad with chicken breast, mushrooms, garlic and balsamico dressing
26.80

Melanzane Ripiene con Carne
Stuffed eggplant with ground beef, rice and yogurt aside
38.80

Spaghetti Scrigno Mare
Specially prepared pasta with clams and prawns in pizza-dough
29.80

Vegi

Melanzane Rustico
Marinated eggplant with a large mixed salad
28.80

Melanzane Verdura
Stuffed eggplant with vegetables, buttered rice and yogurt
38.80

Pizza

From the wood-fired oven, with tomatoes, mozzarella, olive oil, oregano

Margherita
18.80

Prosciutto e/o Funghi
Ham and/or Mushrooms
20.80

Gorgonzola
19.80

Rucola e Parmigiano
21.80

Melanzana
Eggplpant, parmigiano
20.80

Il Postino
Rocket salad, ham, dried tomatoes, olives, buffalo mozzarella, parmigiano
25.80

Quattro Stagioni
Ham, mushrooms, artichokes, olives, hot peppers
22.80

Padrone
Peppers, veal strips
24.80

Romana
Hot peppers, onion, garlic
18.80

Vegetariana
Mixed fresh vegetables
19.80

Siciliana
Ham, mushrooms, egg, anchovies
21.80

Napoli
Anchovies, capers
18.80

Tonno
Tuna fish, onions
20.80

Diavolino
Salami, hot peppers, garlic
20.80

Calzone
Filled with tomato, mozzarella, ham, egg, pesto
21.80

Funghi e Porcini
Cep Mushrooms
22.80

Quattro Formaggi / Bianca
Four cheeses
22.80

Pizza Legere / light
(only ca. 280 kcal.)
Rocket salad, bresaola, parmigiano, Bufala mozzarella, pomodorini
24.80

Miracolo
Covered according to your wishes
26.80

Carne

Scaloppine al Limone o Panna
Veal cutlet with lemon or cream sauce
29.80

Saltimobocca Alla Romana
Veal cutlet with Parma ham on white wine sauce
36.80

Spezzatino di Vitello «Zurigese»
Sliced veal with mushrooms in white wine cream sauce
34.80

Lammfilet Mignon
Roasted lamb fillet with olive oil and herb sauce
36.80

Filetto di Manzo al Pepe Verde
Beef fillet (200 gr.) with green pepper sauce
44.80

Contorni / Beilagen

Pasta / risotto / saffron rice / roast potatoes / french fries / vegetables / spinach
Portion 8.00



Pesce

We use fresh fish every day.
Ask our staff for the current offer.

Gamberoni al Livornese
Grilled prawns with
fresh herbs
39.80

Imperatore di Mare
Mixed Grill
Mixed grilled fish
with fresh herbs
39.80

Branzino / Loup de Mer
Sea bass fillet from the Grill
29.80

Contorni / Beilagen

Pasta / risotto / saffron rice / roast potatoes /
french fries / vegetables / spinach
Portion 8.00

Bella Figura

Tennis-Plate
Chicken breast nature with green salad
29.80

Bambini

* With Surprise-Dessert *

Spaghetti /
Tortelloni Napoli
15.00

Pizza Margherita
15.00

Pouletschnitzeli
with french fries
15.00

Chicken Nuggets
with french fries
15.00

All prices include 8% MwSt./taxes

Fleischdeklaration
Rind: Schweiz, Argentinien**, USA**
Lamm: Australien*
Poulet: Schweiz, Ungarn**, Brasilien**

Fischdeklaration
Branzino: Türkei, Griechenland, Italien
Lachs: Norwegen
Crevetten: Argentinien

* kann mit nichthormonellen Leistungsförderern wie Antibiotika erzeugt worden sein.

** kann mit hormonellen und nichthormonellen Leistungsförderern wie Antibiotika erzeugt worden sein.

Allergie-Info
Zutaten, die Allergien oder andere unerwünschte Reaktionen auslösen können:

Glutenhaltiges Getreide: Weizen, Dinkel, Roggen, Gerste, HaferKrebstiere, Eier, Fische, Erdnüsse, Sojabohnen, Milch (inkl. Laktose), Hartschalenobst, Nüsse, Pistazien, Sellerie, Senf, Sesamsamen, Lupinen

Bilder: Film-Stills aus «Il Postino», 1994



il postino

Ristorante & Bar

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Irchel / Milchbuck
8057 Zürich
Tel. 044 350 66 66
www.ilpostino.ch

Mo – Fr: 10 – 14.30 / 17 – 23.30
Sa: 11 – 15.30 / 17 – 23.30
Su: 17 – 23.00
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Parking in the courtyard of the building

